



Please find below the Policies that are applicable for all 200-Hour Yoga Teacher Trainee's for the Ambika Yoga courses.

Yoga Practice Experience

- We require a minimum of one years regular yoga practice experience to join our 200-Hour courses with evidence of class and workshop attendance from your current qualified Yoga Teacher.

Booking Policy

- For the course April 2022 intakes, a deposit to reserve your space is not required, however if booking after the 12th March 2022, full payment of £2,150 will be required to reserve your space. All application deadlines are due no later than Wednesday 20th April 2022.

- Places will be allocated on on a first come, first served basis.

- If payment and the completed application form (along with supporting documents) is not received by Wednesday 20th April 2022, we reserve the right to offer the space to another student.

Fee's for the Course

Included

- Training and assessment by a qualified Yoga Alliance Professionals SYT
- SUBSIDISED Trainee membership with Yoga Alliance Professionals.
- SUBSIDISED join up fee (saving of £35.00) if they upgrade their YAP membership within 14 days of graduation.
- A full manual and coursework will be provided by Ambika Yoga, respectively.

Not Included

- On-line courses does not include a laptop, computer or Zoom subscription.
- Insurance is not included in the course fees as a trainee, however you can purchase this for just £15 through Yoga Alliance Professionals, while you are undertaking the course.



Refund Policy

- Payments for the full course fee's are non-refundable except under the following circumstances:

A full refund minus a 10% admin fee of the course price will be provided for cancellations made in writing, more than 30 days before the start date of the course. For cancellations with less than 30 days notice there are no refunds or transfers unless the following apply:

- the course is full (up to 10 people maximum capacity teacher training) and your place can be filled by a waiting list or
- you have a health issue preventing you from taking part in the course including COVID-19 injury/sickness or pregnancy, and can provide a doctor's note.

For the cases above we will refund the fee minus a 20% admin fee. Clients of Ambika Yoga are requested to agree to all terms and conditions upon booking onto a yoga teacher training course.

- In the event that a course is cancelled you will be offered a full refund, or the alternative to re-book onto another 200-Hour Yoga Teacher Training Course on an alternative date. When you have committed to a course we strongly advise attending all sessions and lectures to gain the most of the programme course.
 - In the case of cancelled transport (flights, trains, buses) we are unable to give refunds. Please make sure that you take out relevant insurance to cover you for these issues.
 - Refunds are not available after a course has started and we cannot process these after 24 hours following the start of the course. However, in the event of contracting COVID-19 during the course, we will offer you the alternative to transfer to the next scheduled 200-Hour Yoga Teacher Training Course with Ambika Yoga.
 - We reserve the right to cancel the course for any reason. This will only happen in exceptional circumstances that means we cannot offer the course as advertised, or if there are insufficient numbers for the course (minimum 5 participants yoga teacher training), to make it viable for the teachers to teach the course. Should this happen you will have the option to re-book onto the next Yoga Teacher Training Course or workshop at a later date, or be offered a full refund. We take no responsibility for any additional costs that have been occurred for your travel, accommodation or rate of exchange loss.
 - To complete the teacher training course you are required to attend 90% of the contact hours required from the programme. If for any reason you are unable to attend the remaining 10% of the course, you may purchase catch up sessions with your tutors charged at £65 per hour. This could also include other students who have missed the same modules.
- In the event that you contract coronavirus or have to self-isolate we will offer you the option of retaking modules or sessions missed on the next 200-hour Yoga Teacher Training Course intake of students.
 - Alternatively, you will be offered to retake modules at the hourly rate of £65 per hour, per catch up session with your tutors, and this could include other students.



- In the unfortunate event that one of the Senior Yoga Teacher's are unable to teach modules on the course due to coronavirus or self-isolation, we reserve the right to reschedule dates to enable the safety of our students, as well as ensure the missed sessions are completed in due time to complete the 200-Hour Yoga Teacher Training Course.

Complaints Procedure

If you have reason to complain during any part of the course there will be three stages to the complaints procedure:

1. Please speak directly to one of your tutors who will listen and make notes as necessary to log your complaint.
2. If you feel that after a verbal complaint to your tutors the complaint is not addressed, please formally write your complaint to us via email to alexa@ambikayoga.co.uk. We will acknowledge receipt of your e-mail and the complaint logged. We will answer all complaints whether anonymous or otherwise.
3. We will ensure that any written complaints will be answered within 5 working days.

Code of Conduct

In order to maintain high standards you are required to sign a Code of Conduct in order to start your training. It is imperative that these Code of Conduct standards are upheld continuously throughout Ambika Yoga Teacher Training Courses.

This Code of Conduct below is a declaration of acceptable, ethical and professional behaviour :

1. To provide the public with safe and effective yoga teaching.
2. To ensure all our Yoga Teachers are safe and respectful to the public.
3. Refer any students who require alternative treatment, professional advice or direction where appropriate.
4. Ensure that all physical adjustments practiced within the course are respectfully given following permission from the students.
5. Any abusive, dismissive or intolerant behaviour will not be accepted from any teacher or student on the course.

Please confirm that you accept this Code of Conduct and failure to do so will disqualify them from the course.

Course Name: Ambika Yoga 200-Hour Yoga Teacher Training Course Diploma

Student name & Signature:

Date Signed: